### Goût, odorat et Nutrition





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### Chemosensory perception

- Olfaction orthonasal
- Olfaction retronasal
- Gustatory perception
- Tactile, sensory, ...

Multisensory perception involving cranial nerve I, V2, IX, X, VIIb

### **Hunger - Satiety**

- Digestive tube and hormones
   Negative feedback with peptide secretion
   Cholecystokinine (CCK)
- Glucose and Insulin blood level
- Hypothalamus: lateral and ventromedian
- Connections to chemosensory centers to amygdala to prefrontal cortex

cognitive factors:

food preference and aversive gustatory comportment

### Nutritional implications

- Olfaction is viewed as instrumental in locating foods in the environnment
- Taste is regarde as the final gatekeeper for ingestive decisions

sweetness: carbohydrates

saltiness: ions and electrolytes

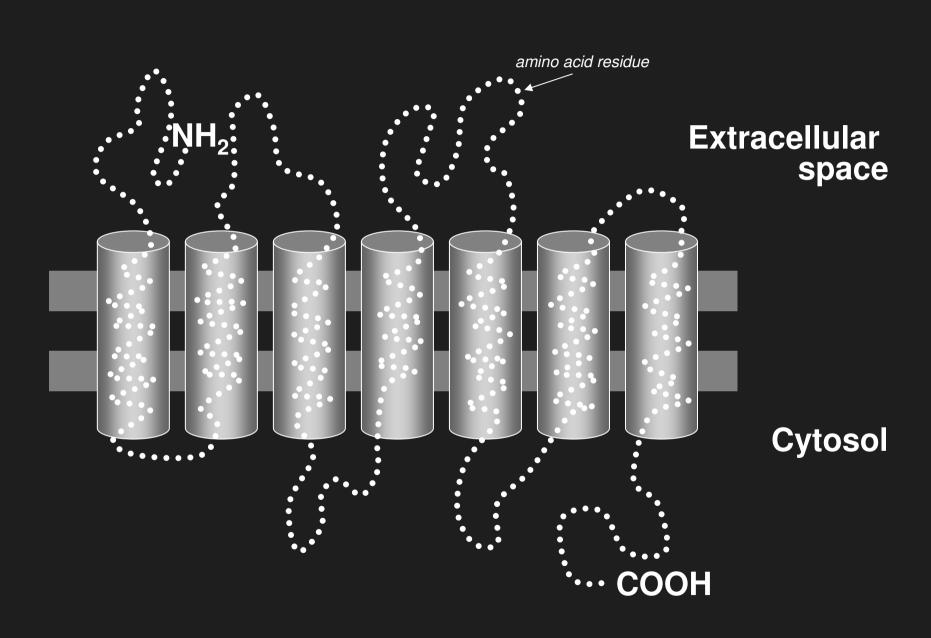
umami: protein

sourness: acids

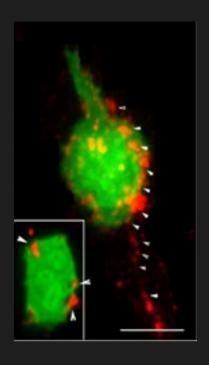
bitterness: toxic or harmful agents

#### Nutritional implications

- Sensory function and food selection
  - provision of adequate nutrition without oronasal chemosensory stimulation (e.g. total parental nutrition) commonly does not result in complete satiety.
  - use of high-intensity sweeteners and fat replacement have not led to reduced consumption of sugar, fat or total energy.



Protein G à 7 domaines transmmb

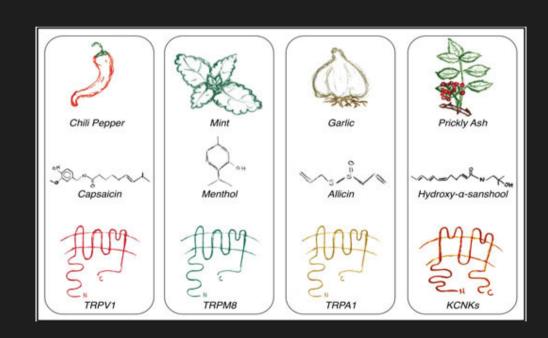


SCrC in green
Substance P in nerve ending in red

Solitary chemoreceptor cells
Oral and nasal mucosa
Respons to vapor-phase irritant chemicals

### Stimulation of nasal trigeminal chemoreceptors

- Pungent sensation
- tingling
- stinging
- burning
- cooling
- warming
- painful
- irritating

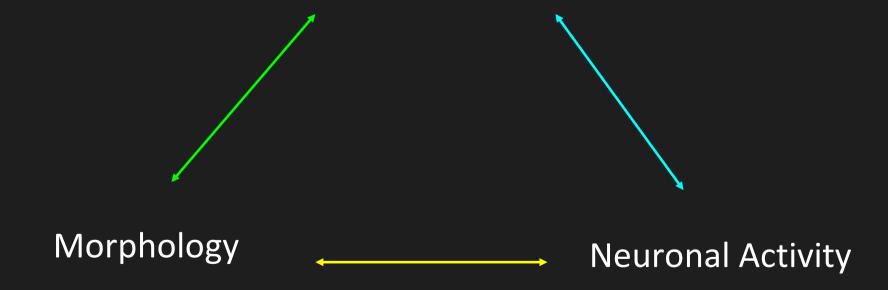






### Assessement of sensory function

Psychophysical testing



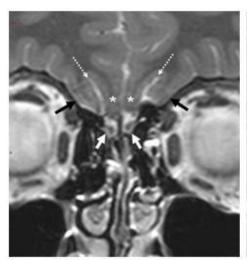
### Assessement of chemosensory function

Psychophysical testing Orthonasal - Retronasal

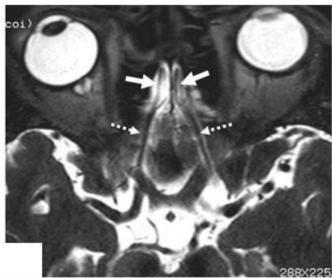
MRI Olfactory Bulb volume

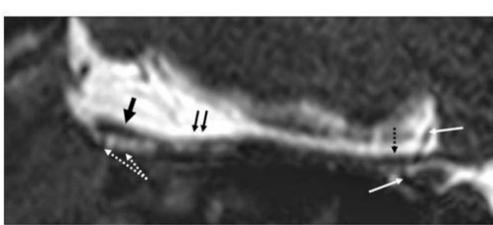
Chemosensory
Event Related Potentials

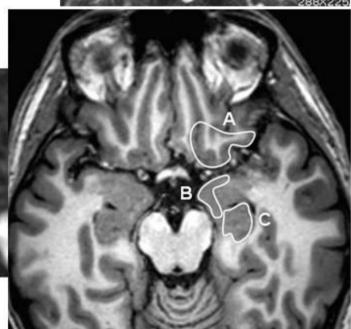
# MRI Olfactory Bulb volume



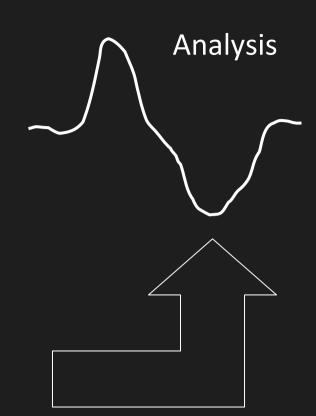




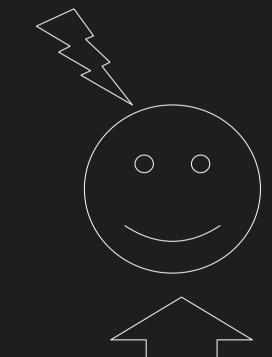




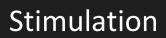
## Chemosensory Event Related Potentials



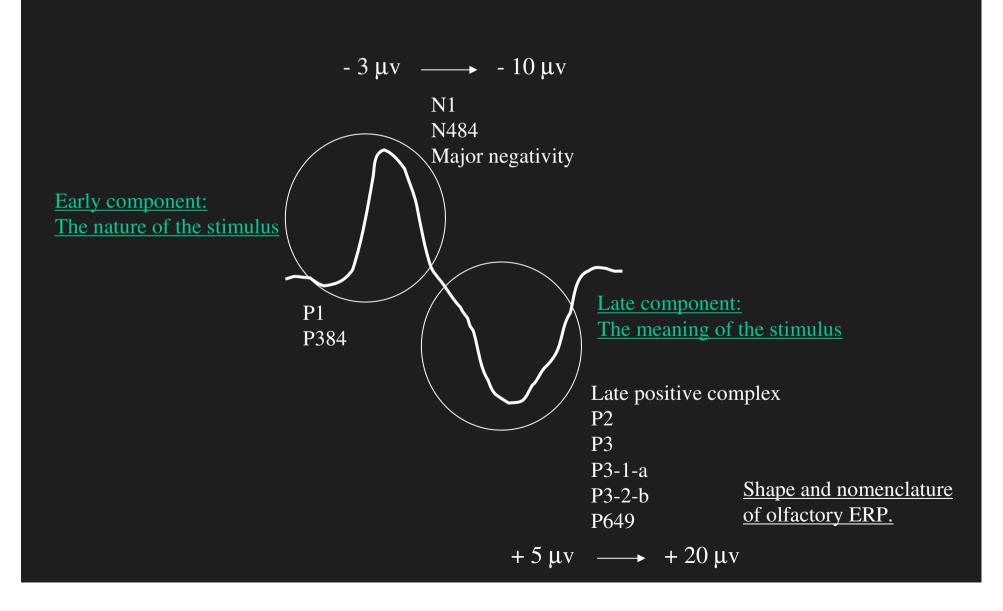
#### Recording





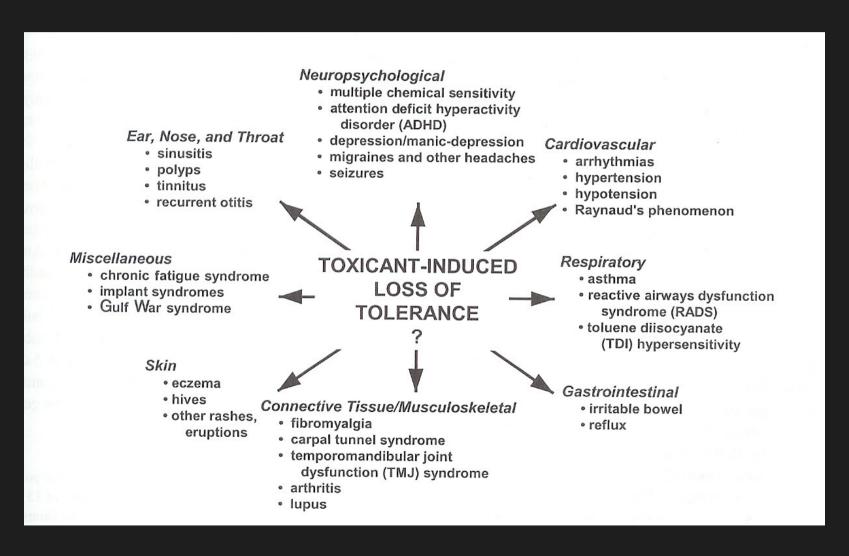


### ChemoSensory Event Related Potentials



Psychophysical orthonasal testing	Olfactory ERPs	Conclusion
Normosmia	Present	Normal olfactory function
Normosmia	Absent	Possibly normal olfactory function, consider the possibility of a technical problem (EEG artefacts,).
Hyposmia	Present	Decreased olfactory function. (the presence of OERPs may be correlated with a good prognosis)
Hyposmia	Absent	Decreased olfactory function. (the absence of OERPs may be correlated with a bad prognosis)
Anosmia	Present	Consider patient malingering
Anosmia	Absent	Severely altered olfactory function, bad prognosis.

### Multiple Chemical Intolerance



### Chemosensory event-related potentials in alcoholism: A specific impairment for olfactory function

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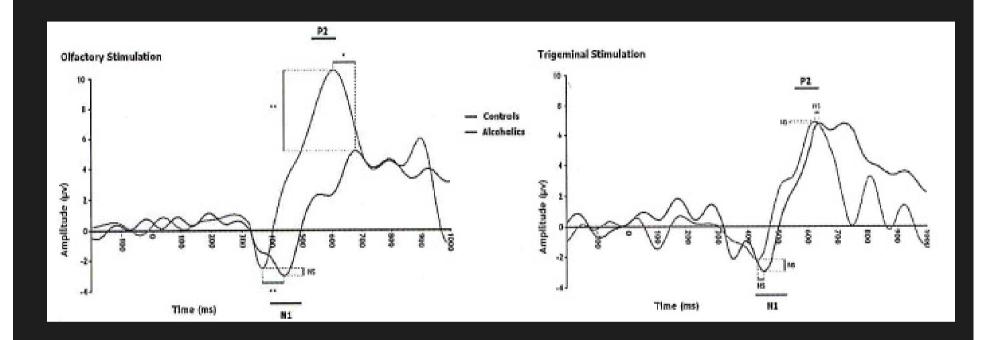
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Alcoholic and controls individuals' results for behavioural olfactory measures: mean (S.D.)..

Group	Orthonasal testing	Retronasal testing (% correct)			
	OT <sup>a</sup> /NS	ODp\N2	OI **</th <th>TDId)**</th> <th></th>	TDId)**	
Controls (N=10)	5.65(0.63)	12.3 (1.76)	12.3 (0.94)	30.5 (1.93)	72.3 (10.21)
Alcoholics (N=10)	5.55(1.04)	12.4 (2.27)	10.4 (1.71)	27.25 (2.91)	60,66 (13.5)

#### NS, non-significant.

- \* Odor threshold score (0-16).
- b Odor discrimination score (0-16).
- Odor identification score (0–16).
   Threshold-discrimination-identification global score (0–48).
- \* p<.05.
- " p < .01.



Fame 3

Electrophysiological results: mean latencies [ms (S.D.)] and amplitudes [µν (S.D.)] for each electrode (Fz, Cz, Pt) and each stimulus type (olfactory, trigeminal) for N1 and P2 components, among control and alcoholic groups.

		N1					P2						
		Olfactory		Trigeminal		Olfactory		Trigeminal					
1		Fz	Cz	Pz	Fz	Cz	Pz	Fz	Cz	Pz	Fz	Cz	Pz
Controls (N=10)	Latency Amplitude	374 (48.2) -2.55 (3.16)	372 (48.8) -2.28 (2.55)	372 (37.5) -2.21 (2.16)	440 (49.4) -1.98 (2.79)	448 (46.5) -2.63 (2.42)	444 (53.9) -2.29 (1.21)	545 (64.1) 13.64 (6.16)	577 (62.8) 11.8 (4.23)	558 (78.7) 5.97 (3.47)	627 (79.4) 9.83 (5.22)	622 (65.5) 7.35 (2.94)	621 (66.8) 3.91 (2.01)
Alcoholics (N=10)	Latency Amplitude	454 (68.1) -4.56 (3.32)	455 (69.5) -4.21 (2)	464 (64.1) -2.05 (1.33)	458 (87.2) -3.08 (3.01)	465 (78.5) -2.93 (2.19)	464 (87.1) -3.32 (2.62)	662 (84.3) 6.03 (3.05)	659 (83.4) 5.6 (1.58)	658 (81.2) 3.45 (2.02)	649 (87.9) 9.57 (8.41)	655 (88.6) 7.9 (4.31)	637 (79.4) 3.44 (3.41)

### Olfactory Impairment Is Correlated with Confabulation in Alcoholism: Towards a Multimodal Testing of Orbitofrontal Cortex

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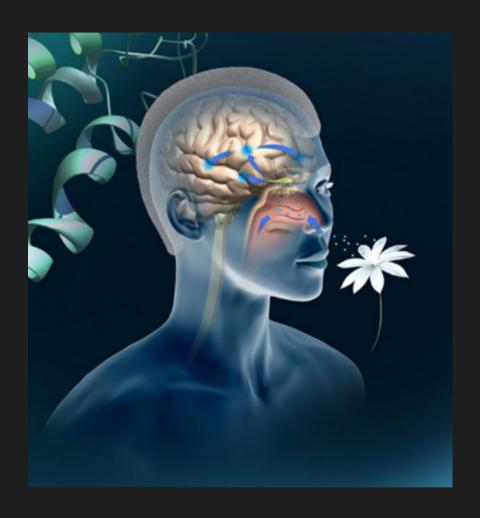
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,	Controls (N = 20)	Alcoholics (N = 20)
Olfaction		
Odor Threshold score (0-16) NS	5.82 (0.67)	5.65 (0.97)
Odor Discrimination score (0-16) *	13 (1.68)	11.8 (1.96)
Odor Identification score (0-16) ***	12.75 (0.91)	10.85 (1.89)
TDI Global score (0-48) ***	31.5 (2.05)	28.25 (3.46)
Retronasal Testing (% correct) ***	72.1 (9.77)	56.1 (12.18)
Executive functions	THE REPORT OF THE PARTY OF	
Stop Signal Task		
Performance Block 1 (% correct) NS	95.89 (3.39)	93.78 (5.97)
Reaction Times Block 1 (ms) **	606 (71.8)	717 (164.4)
Performance Block 2 (% correct) NS	91.41 (6.97)	83.65 (16.21)
Reaction Times Block 2 (ms) *	705 (89.12)	798 (150.7)
Stop Signal Index NS (% resp. to stop trials)	27.9 (18.62)	32.7 (22.17)
Confabulation Task		
Number of Hits Block 1 NS	39 (0.85)	38.55 (1.84)
Number of False Positive Block 1 NS	3.15 (2.74)	2.55 (2.26)
Reaction Times Block 1 (ms) **	786 (122.8)	1008 (285.3)
Number of Hits Block 2 NS	36.37 (2.49)	37.05 (2.61)
Number of False Positive Block 2 *	3.89 (2.64)	7.85 (7.17)
Reaction Times Block 2 (ms) *	774 (118.9)	932 (282.1)
Temporal Context Confusion Index **	0.032 (0.071)	0.145 (0.167)

NS = non-significant; \*p<0.05; \*\*p<0.01; \*\*\*p<0.001 doi:10.1371/journal.pone.0023190.t002

		Odor Threshold	Odor Discrimination	Odor Identification	TDI Global Score	Retronasal Testing
SSI <sup>1</sup>	Controls	-0.35 (N.S.)	-0.02 (N.S.)	0.14 (N.S.)	0.04 (N.S.)	0.11 (N.S.)
	Alcoholics	-0.15 (N.S.)	-0.33 (N.S.)	-0.02 (N.S.)	-0.13 (N.S.)	-0.22 (N.S.)
TCC <sup>2</sup>	Controls	0.13 (N.S.)	-0.27(N,S,)	-0.57 (p<0.01)	-0.52 (p<0.05)	-0.35 (p<0.05)
	Alcoholics	-0.12 (N.S.)	-0.19 (N.S.)	-0.62 (p<0.001)	-0.48 (p<0.05)	-0.32 (p<0.05)

<sup>&</sup>lt;sup>1</sup>SSI = Stop Signal Index (percentage of categorization response to stop trials).
<sup>2</sup>TCC = Temporal Context Confusion Index (FP2/Hits2) - (FP1/Hits1).
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http://www.orl-nko.be/common/b-ent\_guidelines.htm philippe.rombaux@uclouvain.be